Week Commencing: 8th April, 22nd April, 6th May, 20th May, 3rd June, 17th June, 1st July, 15th July, 2nd Sept, 16th Sept, 30th Sept, 14th Oct

## Week 1

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1	heat academy trust

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken Goujons (2) served with potato wedges (2) and seasonal vegetables	Sausages (2,13) served with Yorkshire pudding (2,4,7), mashed potato, seasonal vegetables and gravy	Chilli con Carne served with rice, nacho's (2) and seasonal vegetables	Carvery, served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fish Friday (2,5,9) served with chips (13), peas, beans and bread (2) and butter (7)
OPTION 2 (vegetarian)	Cheese toastie (2,7) served with potato wedges (2) and seasonal vegetables	Vegetarian Sausages (2) served with Yorkshire pudding (2,4,7), mashed potato, seasonal vegetables and gravy	Tomato pasta (2) served with seasonal vegetables and garlic bread (2,4,7)	Quorn fillet (2), served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Mediterranean quiche (2,4,7) served with chips (13) and salad
OPTION 3	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with potato wedges (2), vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with roast potatoes (13,14), vegetable sticks & a side dip.	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with chips (13), vegetable sticks & a side dip.
OPTION 4	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad
DESSERT	Chocolate crunch (2,4) served with custard (2,4,7,13)	Cherry biscuits (2,14) or sticky toffee biscuit (2,14)	Orange jaffa cake (2,4,7,13) served with custard (2,4,7,13)	Fruit and Ice cream (7)	Melting moments (2,4,7,13,14) Crispy buns Devonshire Splits

<sup>\*</sup>Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily \*\*Allergen free options on the above menu are also available

## Allergens











Fish



Lupin





















